



CAROLINE RAVENALL

Show Up: Step Up: Stand Out:

ABOUT CAROLINE

Caroline is a captivating professional speaker, leadership development consultant and human performance / business improvement specialist who is carving out a powerful reputation for inspiring greatness in others while helping them tap into their infinite human potential.

As an advocate for the ingenuity of the human spirit and building more innovative and collaborative business environments she is passionate about empowering leaders and their teams to flourish at their most authentic, resilient and resourceful best in a world fraught with constant change and disruption.

Drawing on her own leadership experiences in one of the most innovative and disruptive brands in the world – Richard Branson's Virgin Group – Caroline brings a light-hearted, authentic, and very relatable dimension to her business presentations, masterclasses and interventions. She talks candidly about her own experiences of performing, and leading, under pressure in a fast paced 'maverick' organisation and shares valuable lessons for sustaining high levels of personal performance while building agile, flexible work contexts that deliver extraordinary results.

Her insights inspire audiences to lead with greater levels of clarity, purpose and influence while also challenging convention and asking the bigger, bolder questions that enable them to experience their world differently.

For the past 15 years she has consulted with a number of top multinational organisations to help leaders build dynamic business contexts and high functioning teams. Her experience is backed by years of study and research in the fields of human and archetypal psychology, organisational behaviour, neuroscience, mindfulness, functional medicine, ontology and philosophy which she has combined into a powerful toolkit of methodologies and distinctions that facilitate 'real time' meaningful change.

Caroline is a faculty member of Duke University (Corporate Education). She is also an author, Clinical Hypnotherapist and Executive (Ontological) Coach. She lives in Kyalami, South Africa and travels nationally and internationally for client engagements.



'Caroline Ravenall was Fantastic!'
Bidvest Insurance

'Her authentic contribution to the day helped us achieve huge success'
Duke University

'What a great addition to our leadership development programme'
DA (Democratic Alliance)

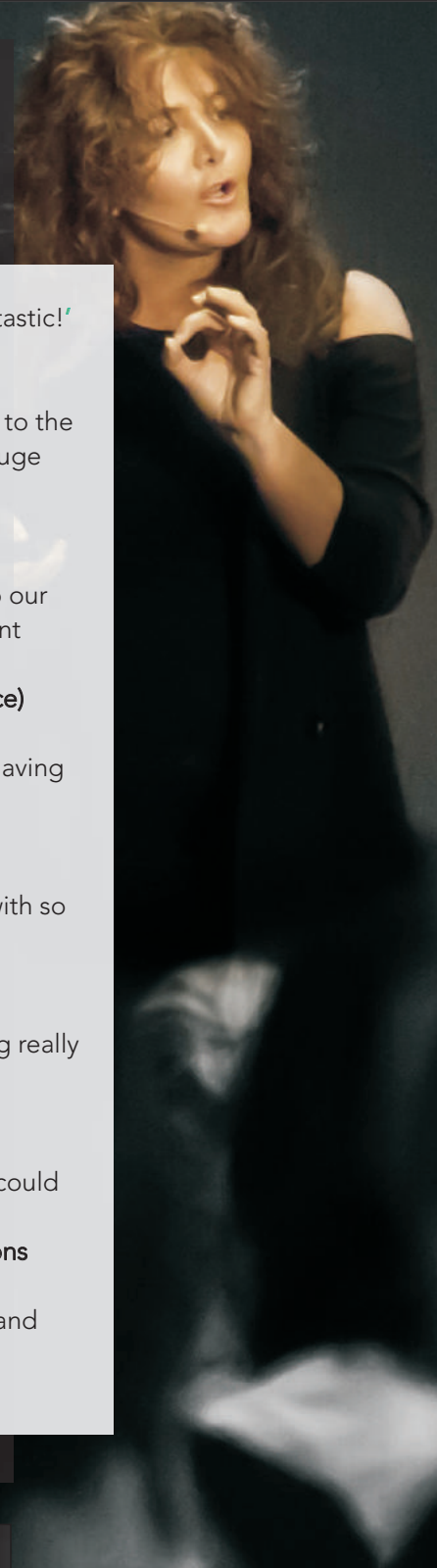
'It has just been fantastic having Caroline here today'
Forbes

'Motivating and uplifting with so much energy'
ABSA/Barclays

'This lady has got something really special'
Upstage

'What an inspiration, you could hear a pin drop'
Development Promotions

'A dynamic, interesting and engaging speaker'
Institute of Bankers



Contact

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